

Hidden Greens Chocolate Milkshake

Prep Time: 5 | **Total Time:** 5 | **Yield:** 1

Ingredients

1 cup almond or coconut milk

1 frozen banana

1 cup greens (kale, silverbeet, spinach etc)

3 Tbsp cacao nibs (plus extra for sprinkling on top)

1 Tbsp cacao powder

¼ avocado

1 Tbsp chia seeds

Method

Add all the ingredients to your nutri-bullet or blender and blend until smooth and creamy. Sprinkle with additional cacao nibs.